

The Faerie Flowers Chivalry Essences.

This is a set of fourteen essences that hold the powerful synergy of resonance that can be called the Great Round of Chivalry, together with the Guinevere Rose Essence. This Round of Chivalry, this map for dominion without hierarchy, is activated in your consciousness through the spiritual current contained within the Arthurian Legend. These essences help you access the Great Round of Chivalry and the Truth within the Legend, and find this Truth and resonance within your Being.

There is the Chivalry Blend itself, that holds the energy and intent for the synergy of the twelve energies of Chivalry, and there are the twelve individual Blends that facilitate access to the resonance of each of the energies of Chivalry: Honor, Loyalty, Nobility, Virtue, Grace, Truth, Courage, Courtesy, Gallantry, Authority, Service, Humility. And then there is the Guinevere Rose Essence that holds the Balance of and for the love between a man and a woman.....

For additional information about the Faerie Flowers Essences or to order, contact Bronwen at:

(734) 975-8754
bronwild@gmail.com
www.faerieflores.com
www.bronwengates.com



About Bronwen

Bronwen Gates, Ph. D., is a healer and mystic who combines the discipline and knowledge from her formal training in Biology with her intuitive gifts as a shaman and spiritual midwife. She has a practice as a holistic health practitioner and spiritual therapist, with more than 30 years of experience as a teacher and facilitator in many contexts. Bronwen is an herbalist, botanist, flower essence and homeopathic practitioner, and maker of salves and the Faerie Flowers flower essences.

Complete List and Descriptions of the Faerie Flowers Chivalry Essences.

Chivalry: the Great Round.

This essence holds the resonance and intent for the Great Round of Chivalry – it holds the energy and intention for this journey on which you embark, this journey that is both familiar and new, this journey that is rooted in your memory and also forever renewing.

The Chivalry Blend assists you in committing wholeheartedly to the transformative power of the Round, to dominion without hierarchy. Through the Round of Chivalry you are changed, and this essence brings you to the Table. It will facilitate your connection, break through the patterns of doubt or skepticism that keep you from embracing the wisdom of the Round, and facilitate your ability to understand the teachings of Chivalry and translate them into useful knowledge that is meaningful for you. It facilitates your access to magic, to your ability to shape and create your world in harmony with Nature and the unseen worlds of mystery.

When you choose wholeheartedly to commit to the transformative power of the Round, you access transcendence, the transcendent strength of tenacity and persistence; you access magic and the twelve gifts of Chivalry, given at birth but only awakened and fully claimed by your conscious choice.

How to use the essence.

Whenever you choose to engage with the journey, take some of the essence, orally, added to a glass of water or in a bathtub for total immersion.....

Allow the essence to make those connections and shift your resonance to the perfect place you need to be for your conscious engagement.

The essences contained in this Blend are the Transformational Blend called Hearts of Oak, and the individual essence, Wild Grape, as well as the Faerie energies that support this journey. This essence invites and invokes those energies uniquely appropriate for your personal journey, your personal dance with the Great Round of Chivalry.

The Individual Chivalry Essences.

How to use the Chivalry Essences:

Use a particular essence when you want to make contact with a particular Knight, or a particular quality of Chivalry. Take a few drops orally direct from the bottle, or add to a glass of water and sip... Take some before bed, and invite the Quality to teach you in your dream space.

Use the essence in a meditative space, or with free writing or drawing.

Enjoy....

Let your imagination take you where you need to go...

Honor.
Ground Ivy and Kale.

Ground Ivy detoxifies and defuses lies and half-truths that you have been told and believed, told by yourself and others. An essential first, and ongoing, aspect of stepping onto the Round of Chivalry is divesting yourself of such lies and half-truths. Honesty is naming things as they are – recognizing and acknowledging What Is. Then you can decide how you wish to respond to this. Kale instills cheerful courage –a warrior of cheer. If Oengus Journeyman in Brian Froud’s Faerie Oracle was represented by an essence, this would be his. Innocence and vitality, and a right relationship to Knowledge and the Journey, even though yet relatively inexperienced. An excellent energy to have as your ally as you engage the Round of Chivalry.

Together these two essences offer access to the Knight of Honor. This Knight will teach you about your relationship to him, and to Honor itself. He will communicate with you about the Round and your relationship to it – and about his relationship to it; he can also tell you stories of his friends and colleagues. He is the Knight who leads the Progression of the Knights; it is the quality of Honor, of Honesty, that wins the first of the twelve battles that Arthur confronts on his assumption of the throne as he claims his majesty – his earned authority to be King. Bounded by Gallantry and Courtesy, balanced by Service, the Knight of Honor teaches us honor without compromise. And so the Great Round begins....

Loyalty
Dayflower and Fairy Rose.

Loyalty is that quality of being true to yourself, of knowing your vulnerability, of being gentle with yourself and others. It is that quality of being dependable and trustworthy that arises when you behave within, and to, yourself in a dependable and trustworthy way. It arises out of Honor – first you need the honesty that allows you to name and express the feelings, the strengths, the weaknesses, the vulnerability. And then you need the commitment of Loyalty, your commitment to be loyal to Self and to your personal Honor Code. This Loyalty is carefully crafted as you build your honor code, of choosing to what and to whom you are loyal, and how you express that loyalty as you increase your spiritual maturity.

Dayflower helps you unfold your magic day-by-day, the magic of your being. Fairy Rose connects you to Faerie Magic, the magic of other, that realm of the Mystical Unknown where magical possibility resides. Non-linear, non-rational. What is it that allows you to feel it is safe to be vulnerable? Knowing that magic is real. Knowing there are helpers on your path. Knowing appearances are often deceptive. Knowing you are exactly where you need to be right now, and knowing where that is.

Nobility
Dog Daisy and Winter Aconite.

Nobility is that quality of vision and that is beyond the ordinary, the eagle's eye view of what needs to be done and of how to do it, without compromising integrity. Nobility holds the ability to be inspired and to inspire others, of setting an example to living a more noble vision and purpose, of accepting and claiming one's destiny.

Winter Aconite facilitates the ability to respect and express all your emotions appropriately, and lifts emotional shame, that shame that puts dead weights on your imagination and your vision. Freed of shame, you can see yourself at the center of an unfolding vision and purpose, you can allow yourself to be a vehicle for inspiration and receive the gift, the oracular vision, and become the bridge between earth and sky. Dog Daisy holds the visionary truth of the sacred feminine, that call for expression to which we yearn to respond.

Virtue
Virginia Knotweed and Winter Aconite.

Virtue is a quality of strength and conviction, of adhering to principles by conscious choice. The Knight of Virtue makes the right choice, the moral choice, because for him there is no other choice to make, yet without fanfare or a need to impose his choice on others. His is not the false pride and ego inflation of comparison, of seeing himself as superior and better than another, or of pretending to be something he is not. This Knight is a vehicle for Truth, and when and where he discovers he is in error he immediately responds and makes amends to align his path with Truth. His word is impeccable –once given it is sacred, and he will keep his word, first and foremost to himself. And he uses his Virtue, his strength and conviction, his commitment to Truth, to choose wisely where and when he will give his word. He is a Knight who takes responsibility for his life, and the consequences of his actions.

Virginia Knotweed assists in seeing the details, the whispers, that show you where Truth is, so that your life is a celebration of the mystery of intimacy with self and other. Winter Aconite facilitates the ability to respect and express all your emotions appropriately, and lifts emotional shame, that shame that keeps you from the truth.

Grace ***English Bluebell and Wild Strawberry***

Grace is that quality of allowing things to come naturally, of letting the natural order of things emerge; from this quality emerges gracious giving. It is a state of allowing the possible to emerge, an unflustered state of being in the present, based on unshakeable confidence, on unshakeable knowing, that there is no more worthy path than the path of Chivalry, and as such a surrender to what unfolds. There is no doubt about the path chosen. Grace is an energy that comes from other realms that we allow to pass through us; as it passes through us, we are changed –and those to whom it passes are changed too, as they allow. Grace is incompatible with any sense of scarcity, only an open-hearted conduit for the flow; it flows in through our “wings”, into and through our hearts, an energy that is always available to the extent that we are open and receptive to it.

English Bluebell supports us in expressing the joy of existence, of reveling in the beauty of being, of essence; it reminds you of your essential grace, and the ecstasy of feeling in alignment with the flow of nature. Wild Strawberry restores trust in flow, that nothing is ever truly lost, that what is important, your essential grace travels with you.

Truth ***Violet and Winter Aconite***

Honesty becomes Truth when it is in proper timing, when it is accessed through grace and respect. So what is Truth? There is personal truth, and there is Divine Truth, the Truth that is Universal, and yet whose understanding has to come through our physical experience. The experience of Truth embodies a commitment to seeking and espousing the eternal Truths of Cosmic Choice, and to being an appropriate and creative conduit for the wisdom that is Truth embodied. This kind of Truth is not a feeling state, but a state of knowing, a state of grace. There is a kind of surrender that accompanies the search for, and access to, Truth, and that is present as we embody Truth. It is a claiming of Self, the personal inner authority that allows us to be conduits for Divine Truth.

Violet helps you claim hidden strengths, the strengths you find in your committed search for Truth, and when you claim the Higher Truth that you are a Spiritual Being, first, last and always. Winter Aconite teaches us to respect all our emotions; Truth is not possible when we deny emotions, for emotions denied distort Truth. Once respected and expressed appropriately, then we can exercise choice to augment the expression of our emotions through energies that carry more power – love, light, joy, gratitude, delight....

Courage
Periwinkle (Vinca) and Grasses.

Courage - that quality of living the life you design for yourself, of embracing the heart's intelligence by being willing to feel and care, and to be wrong in pursuit of what is right. Courage is the willingness to stand for what you believe in, for what you believe is right, even if you may be mistaken. It is the willingness to allow the light of Truth to shine in your heart, that Source-place for the love that purifies and clarifies, that separates Truth from illusion and delusion, and that identifies and distills Higher Truth.

Courage is an action, an action initiated in the Heart, in love, for self and other. Initiated and sanctioned, made sacred, by your connection to the Divine, Courage is both wind to your back and the light shining on your path to lead you forward

Periwinkle teaches us to honor Sacred Cycles, the rhythms that shape and share our world; Periwinkle helps us move into dominion and listen to your inner imperative, an essential part of Courage. Grasses teach you to surrender to the flow, to connect and reconnect to abundance, the abundance that comes from rightly following your heart intelligence, and letting courage, not hesitancy, determine your path.

Courtesy
Trumpet Creeper and Wild Strawberry.

Courtesy - that quality of honoring the dignity of another even when they do not honor their own dignity; courtesy embodies the qualities of kindness and consideration, by offering friendship to self and other. There is such an abidingly strong connection to Divine Pleasure, the pleasure of being in consistent alignment with the Divine, with Goddess, with intent, that there is no need and no volition to overwhelm or overpower another by force, no impetus to dominate by will or might or opinion, or any of the elemental forces. Courtesy embodies a deep recognition of the divine nature of each and ever being, even in the face of overt denial of such truth, that allows the encounter with each individual or being with kindness and consideration.

Trumpet Creeper affirms your passionate self-expression, the expression of the divine pleasure that is an expression of your core essence; serenade yourself with the Song of your Soul, of your beauty, your passion, your joy. Wild Strawberry allows encounter without attachment, reminds you that you and all beings have a destiny and are guided on your path; that you can trust the magnetism of your intent, and that you do have impact, offering the resonance of your connection to Source as inspiration and encouragement.

Gallantry.
Garlic Chives and Parsley.

Gallantry - that quality of bravery that is aligned with an unwavering commitment to a noble vision; the Gallant Knight chooses to whom he is committed with care, but once committed there is no wavering from the chosen path; the Gallant Knight will do what it takes to remain true to this vision, and will die gladly for this commitment, for to step back would be a worse death. Beyond courage, the gallant is a fearless leader, charismatic and brave, within his personal honor code to what is good and true and full of beauty.

Garlic Chives dismantles fear, the fear that would make you less, that would keep you from expressing the self that is more, ever growing and expanding. When fear has you in its grasp, bravery is impotent, for the noble vision is lost. Parsley is about flexible complexity, about resisting the temptation to simplify and reduce life to simplistic dualities. Parsley helps you claim complexity without resistance, and allows the emergence of your inner organizing principle to align you with the flow, with your noble vision.

Authority
English Daisy and Wild Strawberry.

Authority - that quality of knowing your own power, and of being able to use it to create and author your own life, and become your own authority. His is the authentic life, a life lived within the Honor code of Chivalry, interpreted through his own perceptions and conceptions, and always with a willingness to take responsibility for the experiences of his life as his creations, his manifestations, his choices. What gives this Knight his unshakeable authority is his right relationship to Self, putting first in time and energy that guidance from the Wiser Self, the Super-conscious Self, the Higher Self, from Soul, from God and Goddess, and the All That Is, and from allies and guides who hold more truth, more goodness, more beauty.

English Daisy teaches you to step off the battleground and engage with the ongoing adventure of being creator, co-creator, with Spirit, with Source, with our seen and unseen helpers that abundantly accompany our path; English Daisy helps you choose engagement, not in the context of winning and losing, but in the context of what is right, what has more Soul. Wild Strawberry allows encounter without attachment, reminding you that you and all beings have a destiny, and are guided on your path; that you can trust the magnetism of your intent, and that you do have impact, offering the resonance of your connection to Source as inspiration and encouragement.

Service
English Plantain and Violet.

Violet teaches you about, and allows you to claim, your inner strengths so that you can fulfill your chosen service without sacrifice. If you have been called to offer service, respond from your place of power and draw from your inner wells the strengths and mastery that you need to be of service. English Plantain helps you to clarify and purify your intent by extracting from you what is not yours – motivations, dreams, impositions that are not yours – so that you will serve from your inner place of strength and conviction of authentic lofty vision and purpose.

This Knight teaches you about your relationship to him, and to Service itself. The Helpful Knight is the eleventh knight in the Progression of the Knights; it is the quality of Service that wins the eleventh of the twelve battles confronting Arthur on his declaration as King. Bounded by Nobility and Authority, balanced by Honor, his is the quality of knowing of being of service, within a clear vision of whom he serves and what he has to offer.

Humility
English Plantain and Ground Ivy.

Humility - that quality of knowing your power, and of being able to use it to create and allow in the moment, by your alignment with Source, with the All-That-Is. The Knight of Humility, the humble Knight, the Knight Present – he who allows things to be new, never becoming complacent or resigned about the way things are. He honors the need to be in the moment and allow things to be different; he holds spacious intent.

English Plantain helps you to clarify and purify your intent by extracting what is not yours – motivations, dreams, impositions that are not yours – so that you will serve from your inner place of strength, and the conviction of your authentic noble vision and purpose. English Plantain magnetizes from your system “foreign matter” that is poisoning your system. Ground Ivy detoxifies and defuses lies and half-truths, beliefs, to which you have given, by conscious or unconscious choice, your Power. With the help of the gentle grace of Ground Ivy you can realign and align with Truth. Both essences cleanse and purify your system of self doubt or other self-disrespecting energies, so that you can be truly present to the moment, to the Now.

Guinevere Rose.

Guinevere.

The heart of a woman, the heart of a Legend.

She who carries the message and imprint of love for all time, into any space, by choice. A woman who is in service of the Goddess and who knows that loving more is the only act of true service in Her Name.

Love is at the heart of the Mystery. Love is the Mystery.

Love is in the heart of a rose, and is in the heart of this rose. The love in the heart of this rose is the love that teaches you to remember the love of partnership, the love of the dance, the sacred dance of lovers, forever true to themselves and each other. The love that holds all things true, that holds the heart of Beauty, that infinitely renews. The love that brings you to the Table, the Round Table, the Great Round of Chivalry that embodies the authentic masculine.

Guinevere Rose Essence celebrates the love between a man and a woman, a love deep and true and abiding. A love that is powerful and empowering, that creates and supports harmony between the masculine and the feminine at all levels of Being.

Let this Guinevere Rose Essence bring you to the dance, the sacred dance of lovers. Let it help you remember the dance, and remember that you know this dance; it is familiar, it is the dance of life, eternal, full of ecstasy and infinite possibility.

Let it help you remember your true and only partner, God and Goddess, God-Goddess-All-That-Is, expressed for you in the form of one or many, those who bring delight into your life – as you to theirs.

Celebrate your one true love...

Now is the time for celebration.

And there is only Now.

Celebrate.

May the Faerie Flowers bring Magic into your life!

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