

The Faerie Flowers Synergy Blends.

Each of these synergy blends was created, at a particular time, out of a need by combining several existing individual essences or blends to make a new “synergy” – something more, much more, than the individual components of the blends. Subsequently I found that each of these blends had a value beyond the particular frame of reference within which it was created, and to have wider applicability than I had first perceived. I found the blends to be both timeless and organic, evolving in response to the changing energies to continue to meet the perceived need. You will know if one of these blends calls to you.

For additional information about the Faerie Flowers Essences or to order, contact Bronwen at:

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About Bronwen

Bronwen Gates, Ph. D., is a healer and mystic who combines the discipline and knowledge from her formal training in Biology with her intuitive gifts as a shaman and spiritual midwife. She has a practice as a holistic health practitioner and spiritual therapist, with more than 30 years of experience as a teacher and facilitator in many contexts. Bronwen is an herbalist, botanist, flower essence and homeopathic practitioner, and maker of salves and the Faerie Flowers flower essences.

Complete List and Descriptions of the Faerie Flowers Synergy Blends.

**Boundaries:
*The Dance of Self and Other.***

I originally made this Blend to use between client sessions to clear my energy. I discovered it had wider applicability, both for myself and others. It is a deeply honoring synergy blend, that supports right relationship with others, allowing the intimacy needed for deep healing work but without merging or intrusion.

Butterfly weed reminds us to be passionate and to see your work as adults as play, for overseriousness impairs discrimination; Early Goldenrod, helps us feel 'nested' within our own rich inner resource of unseen friends, and to recognize that this is available for others too; Magenta Morning Glory revitalizes our intuition so that we may sense our boundaries with clarity and know how to create and maintain healthy boundaries; and Sage offers wise counsel so that we may always have the witness of this wise counsel to help us with perception and decision.

**Full Moon Equinox in Sedona: *Wisdom of the Ancients.*
*Claiming our Ancestry and our Future.***

This Blend helps us pave the way for opening up to more and more of our multidimensional reality, so that we may sense the continuity of experience that is available to us through the Ancient Ones. We may sense the past that has brought us to the now, and the future that is calling us forward. Accessing this Wisdom gives us deep inner peace as we realize the depth and breadth of the loving context in which we are held. This in no way takes away our free will and power of choice to create our future, but rather gives us a spaciousness of knowing that so much wisdom is available to guide our path.

Essences: Bur Marigold, Iris Medley, White Chestnut and Sagebrush

**Dreaming and Visioning Positive Futures.
Apricot, Daffodil, Dandelion, Magenta Tulip.
Spring 2001.**

It is time to prepare your dreams and visions for the future you prefer for yourself and your world. This synergy blend supports you in accessing that resonance of your Future Self who is already living your dream and visions for a more positive future. Allow this access to be the light illumining your way, the energy pulling you forward. Allow this Self to be real, and together create and discover the positive future you choose.

About the Faerie Flowers essences in this formula:

Apricot is a harbinger of transformation that reminds you that all things are possible and points to, and opens, the door to paths of transformation when you move from one state of being to another more expanded state of being. Apricot sings in your ear to keep the hope alive, or perhaps to distract you while the change occurs, until you step forward – different. Listen to her song.

Daffodil embodies ensouled self love, that love of self that utilizes the body as the chalice for this choice. Not the self love of obsessive self attention but of clear attention to your Soul's call, to embrace and be embraced by the love of your Soul. Daffodil supports you in heeding and responding to that call, the call that you have designed that is in your future. Like a trumpet of freedom, this call heralds and embellishes your path, showing you the way forward.

Dandelion carries irrepressible strength and courage, and is the quintessential tonic for the Soul. It feeds the love and shovels out the fear. It carries its beauty into the world regardless of whether its gifts and beauty are recognized. It adapts to any situation, changing to accommodate the needs of that particular piece of mother earth in which it grows, while maintaining its essential identity. Dandelion helps you maintain your identity, your dignity, whatever the external situation may be. This is the essence for bravery, for the gallant in all of us that recognizes beauty and truth, and will compromise nothing in its commitment to this truth and beauty.

Magenta Tulip brings balance between the first and sixth chakras, the intuitive aspects of your safety and security, and the safety you experience (or not) in your intuition. With Magenta Tulip as your ally, you can feel safe in your intuition and use it as the ally it is meant to be, and at the same time, enhance the authority you give to your intuition to bring to you a world, a reality that you experience as safe and nourishing.

**The Genius of Your Love.
Snowdrop and Purple Crocus.
Originally created Late Winter, 2001.**

Even as the rest of my neighborhood was still locked in the grip of winter, the snowdrops in my yard came in full bloom. Of course - Snowdrop affirms the miraculous. Now is a good time to call on her energy to bring you out of winter's hold, to bring forth the fruits of your Underworld journey. And now the Crocuses emerge... Together, these two essences create a synergy - a synergy that allows magical futures to unfold. Where you allow yourself to focus on your dreams and desires with single minded focus, with the passionate love of your genius. Where you allow yourself to know how loving you are and how much you are loved, and allow this love in turn to fuel your genius -the genius of your love...

About the Faerie Flowers essences in this formula:

Snowdrop affirms the miraculous, that out of what seems to be frozen ground, from that magical realm called the underworld, light and growth and creativity emerge. Snowdrop represents hope and truth - not the feigned hope of despair or of fantasy, but the true hope that arises from the truth held with humility - that life is created new each moment if you allow. You do not know all the answers. You do not need to know all the answers. And if you will release this need to know it all, miracles are not only possible, they are the nature of reality, the way you increasingly live.

Purple Crocus connects you to the power of your unconscious and the destinies that you choose, or that have chosen you. Knowing you have *chosen* allows you to choose again, to make a different choice, or to reaffirm the choice you have made. Purple Crocus connects you to the ancient star lineages of your ancestry and supports their unfolding in your life.

Magical Presence.
Hawthorn and Trout Lily.

This Synergy Blend restores belief in Magic; it extracts and transforms distorted and painful understandings and experiences of Magic, whether based on fear, ignorance or fantasy – and hence restores Hope. For without Magic in our lives, we do indeed give up and ‘settle for less.’ Trout Lily brings movement, oxygenation, to the dark places, transforming stagnant waters into Wellspring. Hawthorn brings the gifts of discernment and choice: this I keep, to this I give death; this I release and let go, this I hold and transform; this is lost, and needs to be grieved; this is not ready to be born, and needs further nurturance within the Void of the Unmanifest. Together, Hawthorn and Trout Lily create a synergy that reconnects you to your Magic. Magical Presence invokes and invites your Magic, and your Magical Allies, to support you as you shine your light into the dark corners of your worlds, inner and outer. Supporting you in realizing that hidden within, beneath, and behind the darkness are some of your dreams and your most sacred gifts, lost, forgotten, and unused – part of your Beauty. Stand in your light, and with your light, embraced by Magic, and allow the Power of Magical Presence to illuminate what is in your path. Let your Magic and your Magical Allies be an ever-present resource in your life. It is time. Now.

Miraculous Opportunity.
Fairy Rose, Marigold, Parsley, Red Impatiens, Snowdrop.
Blend originally prepared New Year 2002.

Life is miraculous. Now, your reality can be more and more a daily unfoldment of miracles great and small. It is time to remove your distorting lenses and see the true nature of reality, and to create and celebrate your daily diet of miracles. As you do this, you will find opportunities where previously you would have thought none existed. Miracles abound when you have eyes to see. You find yourself travelling in the "grace lanes" on the highway of life. There is no such thing as barren ground, only wounded perceptions. With the expertise of this blend, let your life unfold in ways you've scarcely dreamed possible.

About the Faerie Flowers essences in this formula:

Fairy Rose draws to you Faerie Magic, magic from the realms of Nature and the mystical other that transcend our human perceptions of reality.

Marigold is the essence that holds the pattern for you to remember that love is exciting, and what your heart is designed for. This is the essence that keeps self-doubt at bay, that instills courage, that allows you to love "as though you've never been hurt" – not foolishly, but Whole-Heartedly.

Parsley lets you claim complexity without the need for resistance. You seek simplicity when you are feeling overwhelmed, instead of realizing it is order you seek. Even within chaos there can be order. Your challenge is to seek and allow yourself to be shown the order that you need, the path through the chaos, and allow the rest to fade into the background.

Red Impatiens alerts you to the dilution of self that occurs by premature harvest or exposure. It is essential that you learn to allow the appropriate build-up of energy to bring a task to completion, and resist the temptation to abort the process by birthing your process into the world before its time.

Snowdrop affirms the miraculous, that out of what seems to be frozen ground, from that magical realm we call the underworld, light and growth and creativity emerges. Snowdrop represents hope and truth - not the feigned hope of despair or of fantasy, but the true hope that arises from the truth held with humility - that life is created new each moment if we allow.

Nine Maidens Magic: Invoking the Muse.
Broccoli, Daffodil, Lambs' Quarters, Trumpet Creeper, Trillium, Yellow Crocus.

This blend serves as an invocation to connect you to the energies of the Muse – the “Nine Maidens Magic” – who are Source for all creativity. Maidens of the Flame, they inspire and enrich all creative pursuits, with a particular blessing for wordsmiths of any persuasion. The Muse will embody your creative work with a potency and clarity that will reach across dimensional boundaries to connect you to your Soul’s call and allow you to facilitate Soul connection in others.

Use this Blend also to access and claim the power of your magical ancestry and open to new possibilities of inspiration and expression.

About the essences in this Blend:

Broccoli helps support your flights of inspiration by a grounded knowing.

Daffodil aligns you with your Soul’s call.

Lambs' Quarters offers the support you need to leap into uncharted territory.

Trumpet Creeper brings passion and creativity to your song.

Trillium births the new.

Yellow Crocus aligns your will and want.

Together this synergy has a potency that fuels creativity and inspiration, dissolving blocks or unwillingness by the potency of its resonance.

Powerful Presence.
Bluebell, Buttercup, Love of the Mother, Elestial Quartz crystal.
Late summer and fall 2001.

It is time for us to show up, - to be present to and for ourselves. To let go of old patterns of self hatred, consciously recognized or not. Buttercup shows us how to shine forth our Sun Self, while Bluebell helps us remember our Joy, the gift from Nature that we receive when we embrace more of the safety and the love offered by Nature. Allow the transformation of the hatred of the feminine, of the Earth herself, and of the Sacred Feminine, from when we turned away from shame and pain. Locked within our subconscious and unconscious minds, it is time for the healing to occur. Surrender these energies to the Elestial quartz, a crystalline energy with a special gift for grinding up and recycling no-longer-needed energies, to heal and mend the broken alliance. Be present. Be powerful. Be Yourself. Be who you really are.

Use this Blend when you feel ungrounded or want to show up in your world in a more powerfully embodied way.

Restoring Safety and Sanctity.
Garlic Chives, Joe Pye Weed, Purple Loosestrife, Trout Lily.
Originally created after the terrorist attacks on the World Trade Center.

This particular formula carries the energy of empowering each of us in our personal rejection of terrorism as a viable or tolerable strategy, and especially to support the dismantling of the mental and emotional energy, personal, national and global, that supports biological and chemical warfare. The reign of Terror is part of the old map of domination, exposed now in all its ugly stupidity and ignorance.

What this essence has to say about itself:

You are challenged as never before to be present in the moment. How do you hold compassion and empathy for yourself when your world feels in turmoil, and the very ground of your being is shaken? How do you hold compassion and empathy for others, even when they make choices that you see with clarity to be wrong and mistaken? How do you create and allow the healing of your Terror, both on the world stage, and erupting from your own personal subconscious and unconscious minds? How do you restore or re-create your sense of safety and sanctity when you feel so violated, when your deepest fears are activated? There are no simple answers, but the expertise of these essences will support the process of your own personal journey of healing, your own personal journey of finding your empowered responses to these questions. They will carry away whatever pain and confusion and fear you can release, and hold a framework for your healing.

About the Faerie Flowers essences in this formula:

Garlic Chives carries a resonance of power and of strength that allows the dismantling of fear . When you are or would be caught in a place or experience of fear, let this essence break apart the synergy that keeps the fear feeling more powerful than you.

Trout Lily helps you claim emotional presence, owning all the light and dark flickerings that accompany massive turmoil without losing your groundedness, your connection to sacred space.

Joe Pye Weed helps you re-align your priorities, to eliminate old, perhaps subconscious or unconscious, patterns of thinking and feeling that do not support your highest intent and your empowered choice. Joe Pye Weed also protects from infection by toxic thought forms, potent weapons of mass destruction, and specifically helps to dismantle the energies that create and cause biological warfare.

Purple Loosestrife moves us beyond judgment into right alignment, challenges us to create alliances for peace without compromising our essential values, challenges us to make a commitment to right relationship to all life. Together these essences create a synergy that helps us heal.

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